



FALSE BAY YACHT CLUB

34°11.541'S 18°26.047'E

INTASURE SPRING REGATTA 2021

SAILING INSTRUCTIONS

1. RULES

- a. The Regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS) 2021 - 24.
- b. The following prescriptions of South African Sailing will apply where appropriate: **“The SA Sailing Requirements for National and Provincial Championships”**.
- c. Boats participating in this regatta shall conform to the Equipment Rules of Sailing (ERS) 2021-24, all Class Rules, the Notice of Race and these Sailing Instructions will apply.
- d. RRS 44.1 is amended so that the “Two-turn Penalty” is replaced with a “One Turn Penalty”.
- e. Additional class rules will be applicable e.g. ORC Class Rules.

2. NOTICES TO COMPETITORS

- a. Notices to competitors will be posted on the Official Notice Board located in the foyer of False Bay Yacht Club clubhouse.
- b. Additional communication may be made to competitors by means of a “WhatsApp” group constituted for this purpose. To this end, a cell phone with sufficient battery charge should be carried aboard every competing yacht, and the number supplied to the Race Secretary.

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any changes to the sailing instructions will be posted on the Official Notice Board not less than 1 hour before the first race of each day, except that any change to the schedule of races will be posted by 19h00 on the day before it will take effect.

4. SIGNALS MADE ASHORE

- a. Signals made ashore will be displayed on the mast located at the False Bay Yacht Club Bridge.
- b. Flag “AP” with 2 sound signals means; “Racing is postponed.” The warning signal on the committee boat will be made not less than 1 hour after the Flag “AP” is lowered (one sound signal when lowered).

5. SCHEDULE OF RACES

- a. The scheduled time of the warning signal for the first race on Friday 24th September is 10h55 and each day thereafter is 09h55.
- b. On Sunday 26th September, irrespective of Course, no warning signal shall be made after 14h55.

6. CLASS / DIVISION FLAGS

- a. The fleet will be divided into classes according to ORC Club Class Division Length (CDL), to conform with the requirements of the SAS Western Cape Keelboat Championship Circuit 2021, as follows:

Racing Division CLASS A: CDL greater than 9.100 – NUMERAL PENNANT 1

Racing Division CLASS B: CDL up to and including 9.100 – NUMERAL PENNANT 3

Cruising Division CLASS C: CDL greater than 9.100 – CODE FLAG “T”

Cruising Division CLASS D: CDL up to and including 9.100 – CODE FLAG “W”

CAPE 31: shall constitute a separate class – NUMERAL PENNANT 2

7. RACING AREA

- a. The general racing area will be offshore off Fish Hoek/Simon’s Bay and greater False Bay.
- b. Considering the main Regatta sponsor and spectator value, courses or portions of courses may be set closer inshore to provide exposure at vantage points along the coastline.

8. THE COURSES

- a. Racing Division yachts will sail courses comprising both round the buoys and longer coastal legs. The first leg will be set to windward.
- b. Cruising Division yachts will sail coastal courses without round the buoys legs, but the first leg will be set to windward.
- c. A Code Flag “L” displayed by the Finishing Vessel will indicate that a subsequent race will be attempted shortly after the present race.
- d. When changing the next leg of the course, RRS33 (a) (2) will apply.
- e. The courses for all Divisions will be displayed on the official Notice Board in the False Bay Yacht Club clubhouse and will be tailored to the anticipated conditions forecast for the day. Copies will be available from FBYC reception 90 minutes before the scheduled start.
- f. Racing Division sample course cards are published in Addendum 1, for information purposes only. Actual courses for the day may differ substantially.

9. SHORTENING COURSE

- a. When shortening courses RRS 32 will apply, and any shortening of course shall be broadcast on VHF Channel 6.

10. RACING DIVISION MARKS

- a. Rounding marks 1, 2 & 3 will be yellow conical buoys
- b. Rounding mark 4/ Finish mark will be a yellow conical buoy flying a yellow flag.
- c. The starting mark will be a yellow conical buoy flying a yellow flag.
- d. The Start/Finishing vessel shall be a mark of the course for boats starting and finishing.

11. START

- a. Races will be started using RRS rule 26, with Coastal Cruising Class starting first, followed by a ten (10) minute delay, thereafter Racing Divisions start at five (5) minutes intervals in the order below for the first start of the day:

COASTAL CRUISING CLASS C & D (CODE FLAGS “T” & “W”)

ORC Class A & CAPE 31 (NUMERAL PENNANTS 1 & 2)

ORC Class B (NUMERAL PENNANT 3)

- b. If more than one race is started, the starting order for subsequent races will be according to Class Flags.

- c. Competitors will be notified of the division to which they have been allocated at least two hours before the start of the first race by a notice on the Regatta Notice Board.
- d. The starting line will be between the mast displaying an orange flag on the race Committee Boat at the starboard end and a yellow cylindrical buoy flying a yellow flag at the port end.
- e. Boats whose warning signal has not been made shall keep clear of the starting area.
- f. A yacht shall not start later than 4 minutes after its divisional starting signal. Yachts that have not started by this time will be scored "DID NOT START".
- g. To indicate the intention to start a race or sequence of starts an INTASURE flag will be flown for not less than 5 minutes prior to the first start in a sequence of starts. This flag will remain up while racing is in progress.

12. THE FINISH

- a. The finishing line for all boats will be between a mast displaying the Blue flag on the Race Committee Boat and the number 4 buoy as per the course card.

13. PENALTY SYSTEM

- a. For all classes RRS 44.1 is changed so that only one turn, including one tack and one gybe, is required.

14. TIME LIMIT

- a. The time limit for each race will be "N" minutes after the finish of the leading yacht in each Division where, $N = E \times 0.5$ and where E = Elapsed time in minutes of the leading yacht in that Division / Class.
- b. The Race Committee may, at his sole discretion, extend this time limit.

15. NATIONAL CHAMPIONSHIPS REQUIREMENTS

In order to qualify as a National Class Championship the following criteria shall be satisfied:

- a. A minimum of five valid entries have been received no later than the closing time for entries one hour before the scheduled starting time of the first race.
- b. At least five finishers in any two races of the series.
- c. At least four races completed.

16. PROTESTS

- a. Protests shall be written on forms available at the Regatta Secretary's Office in the FBYC Bridge and delivered there within 1 hr (one hour) of the last yacht to finish in the last race of that day.
- b. This time limit may be extended if there is good reason to do so.
- c. Protests will be heard in approximately the order of receipt, as soon as possible. Protest notices will be posted on the Regatta Notice Board within 30 minutes of the protest time limit, to inform competitors where and when there is a hearing in which they are parties to a hearing or named as witnesses. RRS Rule 66 is changed by adding this sentence: "On the last day of racing a party to the hearing may ask for a re-opening not later than 1 hr (one hour) after being informed of the decision".

17. SCORING

- a. Low Point System of Appendix A4.1 will apply.
- b. For Racing Division, 4 races are required to be completed to constitute a regatta.
- c. For Cruising Division, 2 races are required to be completed to constitute a regatta.
- d. When 5 races have been completed, 1 race discard will apply.
- e. When 9 races have been completed, 2 race discards will apply.

18. SAFETY

- a. Yachts shall hold and comply with minimum Category C COF requirements.
- b. Crew numbers shall not exceed that specified on the yachts COF certificate.
- c. Youth category competitors shall wear a personal buoyancy aid at all times while afloat in a yacht.
- d. Wet or dry suits do not constitute adequate buoyancy!

19. REPLACEMENT OF CREW OR EQUIPMENT

- a. Substitution of competitors will not be allowed without prior written approval of the Race Committee.
- b. Substitution of damaged or lost equipment will not be allowed unless authorised by the Race Committee. Requests for substitution shall be made to the Committee at the first reasonable opportunity.

20. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

21. HAUL-OUT RESTRICTIONS

- a. Yachts shall not be taken out of the water from the start of the first race to the finish of the last race, inclusive, without prior written permission from the Race Committee.

22. ELECTRONIC AIDS

- a. There is no restriction on the type and usage of electronic aids carried aboard, provided they do not contravene any of the Special Regulations or Class Rules.
- b. Any method of navigation is allowed if the information used, however transmitted to the yacht, is available to all, without cost other than for the equipment carried on board the yacht.

23. RADIO MONITORING

- a. In terms of the safety instructions, VHF radios must be monitored at all times. Race information will be communicated via channel 6 when possible. An alternative channel may be advised if necessary.

24. DISCLAIMER OF LIABILITY

- a. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race.
- b. Neither the Organizing Authority nor its officials or other persons associated with the organization of the event will accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

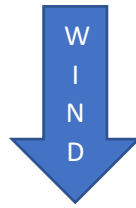
25. INSURANCE

- a. Each participating boat is encouraged to carry sufficient valid third-party liability insurance to cover any liability arising during the event. (Minimum R5-million).

ADDENDUM # 1

Racing Division Sample Course

Round the Buoys Layout



FINISH

START



Buoys to be rounded to port